

PESCADERO MIDDLE & HIGH SCHOOL

Community Service Learning Handbook

"Everybody can be Great ... Because Anyone can Serve."
~ Dr. Martin Luther King Jr.



THE NEW PM/HS COMMUNITY SERVICE LEARNING PROGRAM

During the 2018-2019 school year, the Community Service program at Pescadero Middle & High School is transitioning from one set of policies to another. We are changing some requirements and moving from the Community Service idea of **hours** to the Service Learning idea of **projects**.

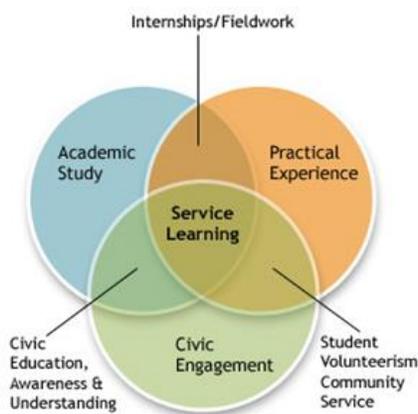
Because the majority of our students have been completing their service based on the previous set of policies, some of the related practices will continue to apply. However, look forward to the following changes during this transition year...

Gradually, we will shift from a 100 hour graduation requirement to a series of Service Projects. Completion of these projects will meet the graduation requirement.



Service Projects will be offered that will represent a certain number of hours. For example: raising the flag, helping with lunch, collecting recycling, working in gardens & landscape, teaching younger students, cleaning up campuses, being part of the Tech Crew, and developing service-oriented class projects – all will count. Rather than logging hours however, each activity will be worth a set amount.

Students will be allowed to focus on certain types of service and may not have to diversify their service. For example: being a cabin leader at Outdoor Ed. for three sessions (weeks) is worth 120 hours (40 each) and completes the graduation requirement.



Students should remember however, that each year we give out a Service scholarship to the senior who has completed the most – and most meaningful – service to our community at the Graduation ceremony. While 100 hours is the current requirement, students are encouraged to go far beyond the call of duty.

In the meantime, we're including all the former forms in this Community Service Learning Handbook. They are also available in the College & Career Center.

WHY SERVICE?

Understandably, you may be wondering why this emphasis on Community Service Learning? Actually, there are many reasons...

- The first one you won't realize until after you've completed a meaningful service activity, but it makes you feel good. It makes you feel important, useful, appreciated, and many other positive emotions that validate you and your service.
- Another reason is to learn about yourself. What are you good at? What do you like to do? What skills do you need to develop? What kind of people do you like to be with? What is your place in the world?
- Depending on what kind of service you do, you can learn a lot! Apprenticeships and internships are learning experiences that require volunteering. Some are paid, but most are learning opportunities. Take 'em!
- Then there's the "Catch 22" of work experience. You can't get experience until you get work, and it's hard to get work if you don't have experience. So, volunteering is a great way to get hands-on work experience.
- Related to that, if you do a good job and you develop a relationship with the people you are working for, you can get referrals and perhaps letters of reference or recommendation.

HOW SERVICE?

Amazingly, these opportunities are everywhere just waiting for you to take the initiative. Here are some tips to finding a good service opportunity...

- Think about what you like, what you like to do, what might be interesting, or meaningful, or fun. Then, find out where that happens and simply volunteer to help (politely and professionally).
- Find out who the important contact people are, then introduce yourself. Find out the job requirements, dress to impress, ask lots of questions, and take it seriously. Even though you may not be getting paid, act like you are.
- If you volunteer, follow policies and procedures, meet time commitments, be open-minded and respectful, perform your tasks to the best of your ability, and do not take on more responsibility than you can handle.
- Ask for feedback on your performance, and improve as needed. You should give respect and expect respect. If you need more training, ask for it.

SERVICE OPPORTUNITIES

Directions: Use the internet to look up these and other service opportunities online. Take responsibility to find opportunities, contact the right people, learn what you need to know, and organize your participation in the service activity.

- La Honda-Pescadero Unified School District
- Pescadero Middle/High School
- Pescadero Elementary School
- La Honda Elementary School
- Pescadero Education Foundation
- La Honda Education Foundation
- Viking Boosters
- Pescadero Foundation
- YMCA Camp Jones Gulch (SF)
- YMCA Loma Mar (Oakland)
- Puente
- South Coast Children's Services
- South Coast Artist Alliance
- California State Parks
- San Mateo County Parks
- Peninsula Open Space Trust
- Mid-Peninsula Regional Open Space District
- San Mateo County Resource Conservation District
- San Gregorio Environmental Resource Center
- Pescadero Conservation Alliance
- Elkus Ranch
- Pie Ranch
- TomKat Ranch
- San Mateo County Farm Bureau
- Pescadero Community Church
- Redwood Glen
- Pescadero Art & Fun Festival
- La Honda Fair & Music Festival
- Senior Coastsiders
- Cabrillo Education Foundation
- Coastside Children's Services
- Coastside Hope
- The HEAL Project
- Square Peg Foundation
- Vida Verde Nature Education
- Sonrisas Community Dental
- GRACE USA
- Movement Exchange
- Kaiser Permanente Hospital
- Save Our Shores
- Save the Redwoods League
- The Sierra Club
- San Mateo County Elections
- San Mateo County Health Department
- San Mateo County Sheriff's Department
- San Mateo Coastside Clinic
- Redwood City Volunteer Service
- Hands-On Bay Area Volunteer

From: Mr. Vail, PHS Community Service Learning Coordinator
To: **ALL STUDENTS**
Subject: Pescadero High School - Graduation Requirement

community service n. 1. Services volunteered by individuals or an organization to benefit a community or its institutions.

It is a **Graduation Requirement** that each student complete 100 hours of volunteer community service with at **least 2** “non-profit” organizations. **In addition, no more than 50% of these hours can be done with one organization.**

It is **strongly recommended** that Juniors have 75 hours, Sophomores have 50 hours, and Freshmen have 25 hours completed prior to June 1st of the current year.

Seniors must have these hours completed no later **June 1** * prior to their graduation. If attending the Senior Trip, the deadline is the **last Friday in January** of their graduation year.

Something to consider:

If you **are not planning on going to college** after you graduate, you might think about getting involved with organizations that will give you experience directly related to your interests. If you **ARE planning on going to college** you could even step up your community service game by taking the initiative to create your own service project with an organization, or on your own. Finally, you might really embrace the community service requirement by choosing relevant and meaningful activities within our “coastal communities,” working with more than the required two organizations, and surpassing the 100 hour minimum.

Community service hours are accepted Monday-Friday, before and after school, and on lunch...or by appointment.

For current Community Service opportunities, check the Daily Bulletin, or bulletin boards around campus, or come visit the College & Career Center.

For Community Service ideas, obtain a copy of the Pescadero High School Community Service Handbook from the office or contact Mr. Vail, either in person, or by email at: rvail@lhpusd.com

De: Sr. Vail, PHS Coordinador de Servicio a la Comunidad
Para: **Todos los E estudiantes**
Asunto: Requisito de Graduación de Pescadero

servicio de la comunidad n. 1. Servicios voluntariamente por individuos o una organización en beneficio de una comunidad o de sus instituciones.

Es un **Requisito de Graduación** que cada estudiante complete 100 horas de servicio voluntario a la comunidad con **lo menos 2** organizaciones "sin fines de lucro". **Además, no más del 50% de estas horas se puede hacer con una sola organización.**

Se **recomienda encarecidamente** que los juniors tengan 75 horas, estudiantes de segundo año tengan 50 horas, y estudiantes de primer año tengan 25 horas completadas antes del 1 de junio del año escolar actual.

Los **Seniors** deben tener estas horas completadas a no más tardar del **1o de Junio** anterior antes su graduación. Si asistir al viaje de los seniors, el plazo es el **último Viernes de Enero** de su año de graduación.

Algo a tener en cuenta:

*Si **estás planeando en ir a la universidad** después de graduarse, se podría pensar acerca de cómo involucrarse con las organizaciones que darán experiencia directamente relacionados con sus intereses. Incluso se podría intensificar su juego de servicio comunitario al tomar la iniciativa para crear su propio proyecto de servicio con una organización, o por su cuenta. Por último, es posible que realmente abrazar al requisito de servicio comunitario por la elección de las actividades relevantes y significativas dentro de nuestras "comunidades costeras", trabajar con más de las dos organizaciones requeridos, y superando el mínimo de 100 horas.*

Horas de servicio comunitario son aceptadas de lunes a viernes, antes y después de la escuela, y en el almuerzo ... o por cita.

Para las oportunidades de servicio a la comunidad actual, revisar el Boletín Diario, o cualquiera de los dos tableros de anuncios en la escuela.

Para ideas de Servicio Comunitario, obtener una copia del Manual de Servicio a la Comunidad de la Escuela Secundaria de Pescadero de la oficina, o ponerse en contacto con el Sr. Vail, ya sea en persona o por correo electrónico a: rvail@lhpUSD.com

COMMUNITY SERVICE
For PESCADERO HIGH SCHOOL
Student-Volunteer Contract for Community Service

Student Name: _____ Phone: _____

Name of Agency:

Address of Agency – Location of Service Work:

Agency Supervisor: _____ Phone: _____

The agency and volunteer have agreed upon the following:

**This is what the student will do for the Agency:

**These are the days and times that the student-volunteer will work:

*We have discussed the following issues: (Please check)

___ The purpose of the job that the student-volunteer will perform

___ Orientation and training the student-volunteer will receive

___ Expectations as to the appropriated dress and personal behavior

___ Liability and Safety issues

___ Regular communication between the Supervisor and student-volunteer

___ Whom to call and phone number, if the student-volunteer is late or cannot work on the day assigned

___ The Agency has phone numbers on file of the student-volunteer's parents or guardians, Pescadero High School, and the student's medical doctor (if needed)

*In case of an injury of a minor nature, First Aid should be administered by a responsible adult at the Agency's site. In case of a medical emergency, the student should ___ should not ___ be placed in care of a physician at the nearest medical facility. (CHECK ONE)

*The Agency and Student Volunteer both understand that they should call the school with any questions, problems, concerns, or comments, etc.

Student-Volunteer

Agency Supervisor

Parent/Guardian

**PESCADERO HIGH SCHOOL
COMMUNITY SERVICE AUDIT STATEMENT**

*I, _____, met with
_____, Community Service Coordinator,
on this month, day, year _____.*

TOGETHER, we conducted an audit of my Community Service Learning folder and I fully understand the program.

I understand that if I do not achieve the required 100 hours by June 1st of my graduation year then I will not be allowed to graduate until they are completed.

Also, if I choose to go on the “Senior Trip” then my 100 hours must be completed prior to the trip.

As of today, my total community service hours are: _____

Student Signature

Service Coordinator Signature

Comments:

