



# MAY 2019

## La Honda – Pescadero Unified School District

Made with fresh, seasonal local organic food from scratch. Todo hecho en casa con ingredientes fresco, orgánico y locales. Frutas y leche con cada almuerzo. Fruit & milk served at each meal.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**LEFTCOAST GRASSFED**



**FIFTH CROW FARM**



**BLUE HOUSE FARM**  
PESCADERO, CA • SINCE 2008

V **TOSTADA** **6**  
Bean & Cheese Tostadas  
Vegetables  
Verduras

**TACO Tuesday** **7**  
Beef Tacos  
Vegetables  
Tacos de carne y verduras

Chicken Tortilla **8**  
**SOUP**  
Veggies  
Verduras

V **MAC & CHEESE** **9**  
Vegetables  
Verduras

VO **Pepperoni PIZZA** **10**  
Salad Bar  
Buffet de Ensalada

V **Turkey SANDWICH** **13**  
Vegetables  
Torta de pavo

**Ham & Cheese Breakfast BURRITO** **14**  
jamón y queso

**SPAGHETTI** **15**  
And Meatballs  
Marinara Sauce  
Vegetables  
Verduras

**HAMBURGERS** **16**  
With Toppings  
& Sweet Potato Fries  
Patatas dulces

**Hawaiian Style PIZZA** **17**  
VO Salad Bar  
Pizza de jamon  
Buffet de Ensalada

V **QUESADILLA** **20**  
Cheese  
With vegetables  
Verduras

V **TACO Tuesday** **21**  
Roasted Potato Tacos  
Coleslaw  
Tacos de papas lime y repollo

Chicken/Pollo **22**  
**RAMEN**  
Vegetables  
Verduras

Big Bad Bean & Cheese **23**  
V **BURRITO**  
Vegetables  
Verduras

**No School for TK--12**  
**No Hay Escuela**

**No School for PreK - 12**  
**No Hay Escuela**

**TACO Tuesday** **28**  
Carnitas/Pork Tacos  
Vegetables  
Tacos de carnisas y verduras

Lovely **29**  
**Lasagna**  
Vegetables  
Verduras

Chicken **30**  
**ENCHILADA Casserole**  
Vegetables  
Verduras

VO **Pepperoni PIZZA** **31**  
Salad Bar  
Buffet de Ensalada

Vegetarian Options PB & J (Sunbutter) or Cheese Sandwich always available upon request PB & J (Sunbutter) o queso sandwich siempre disponible a petición

V = Vegetarian meal A la Carte: Entrée items only \$1.50 A la Carte must accompany a regular lunch order

VO = Vegetarian Option Para una Entrada Extra \$1.50 La "Entrada Extra" tiene que acompañar un orden de almuerzo

La Honda-Pescadero is an equal opportunity provider

Lunch Price Grades K-8 \$3.75 Lunch Price Grades 9-12 \$4.00 Lunch Price Adults \$5.00

