

# MARCH 2019

## La Honda – Pescadero Unified School District

Made with fresh, seasonal local organic food from scratch. Todo hecho en casa con ingredientes fresco, orgánico y locales. Frutas y leche con cada almuerzo. Fruit & milk served at each meal.

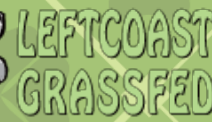
Monday

Tuesday

Wednesday

Thursday

Friday



VO Pepperoni **PIZZA** 1  
Salad Bar  
Buffet de Ensalada

VO Turkey Sandwich 4  
Vegetables  
Torta de pavo

TOSTADA 5  
Chicken Tostadas  
Vegetables  
Verduras

SPAGHETTI 6  
Meatballs  
Marinara Sauce  
Vegetables  
Verduras

V Minestrone **SOUP** 7  
Whole Wheat Rolls

CHEESE **PIZZA** 8  
Salad Bar  
Pizza de queso  
Buffet de Ensalada

HOT Diggity **DOG** 11  
Sweet Potato Fries  
Salchichas  
Patatas dulces fritas

TACO Tuesday 12  
Carnitas/Pork Tacos  
Vegetables  
Tacos de carnitas y  
verduras

V Pesto **PASTA** 13  
Salad Bar  
Buffet de Ensalada

LeftCoast Grassfed **HAMBURGERS** 14  
CALIFORNIA THURSDAYS™  
Sweet Potato Fries

Hawaiian Style **PIZZA** 15  
Salad Bar  
Pizza de jamon  
Buffet de Ensalada

VO LeftCoast Grassfed 18  
Beef  
**NACHOS**  
Homemade Salsa Veggies  
con salsa y verduras

V TACO Tuesday 19  
Roasted Potato Tacos  
Coleslaw  
Tacos de papas lime y  
repollo

Chicken/Pollo **RAMEN** 20  
Vegetables  
Verduras

Big Bad Bean & Cheese **BURRITO** 21  
Vegetables  
Verduras

VO Pepperoni **PIZZA** 22  
Salad Bar  
Buffet de Ensalada

No School for TK – 12 25  
Preschool Only  
**No Hay Escuela**  
Solo Preescolar

V TOSTADA 26  
Bean Tostadas  
Vegetables  
Verduras

Lovely **Lasagna** 27  
Vegetables  
Verduras

Chicken Tortilla **SOUP** 28  
Veggies  
Verduras

CHEESE **PIZZA** 29  
Salad Bar  
Pizza de queso  
Buffet de Ensalada

Vegetarian Options PB & J (Sunbutter) or Cheese Sandwich always available upon request PB & J (Sunbutter) o queso sandwich siempre disponible a peticion  
V = Vegetarian meal A la Carte: Entrée items only \$1.50 A la Carte must accompany a regular lunch order  
VO = Vegetarian Option Para una Entrada Extra \$1.50 La "Entrada Extra" tiene que acompañar un orden de almuerzo  
La Honda-Pescadero is an equal opportunity provider

